STANDING TALL ON A GLOBAL STAGE

ade Hameister is 17, but she has already lived a more adventurous life than most, making the history books along the way.

Last year, the teenager became the youngest person in the world to complete the Polar Hat Trick traversing through the North Pole, Greenland and the South Pole.

"I'm passionate about exploring and pushing myself beyond what I thought was possible," Hameister said.

Her next big challenge, however, is a little different.

"My next goal is to get a good Year 12 result," she said.

"After that, I'm really interested in making a positive difference in our world through entrepreneurship."

Hameister has a long-standing relationship with Optus, one of her biggest supporters.

"As an Optus ambassador, I have been given the opportunity to support some great initiatives that align with my values, like encouraging safer internet and social media use for young people," the explorer said.

"It's also a really fun company to be associated with.

"Optus is very passionate about supporting young Australians who are making their mark competing on the world stage."

Hameister and Olympic swimmer Mack Horton, also an Optus ambassador, are getting ready to cheer on the Matildas when they compete in the FIFA World Cup in France next month.

"I'm a very proud and passionate Australian," she said.

"Despite our relatively small population, the Matildas are in with a great chance, being ranked sixth in the world."

As an Olympic champion and Commonwealth Games gold medallist. Horton knows all about representing Australia on a global scale.

"It's always an honour to represent your country, even in the smaller events." Horton said.

"It's a rush and you do get a sense of national pride, not so much in the moment, but certainly afterwards."

An advocate for young women, Hameister hopes the Matildas



women; we need to shift the focus from how we appear to what we can do. The second is let's aim to be brave, not perfect."

Horton, a member of the Australian Dolphins swim team,

direction women's sport is heading in Australia.

"I'm really looking forward to getting behind the Matildas, and I think it's great we're starting to close the gender gap in sport." .